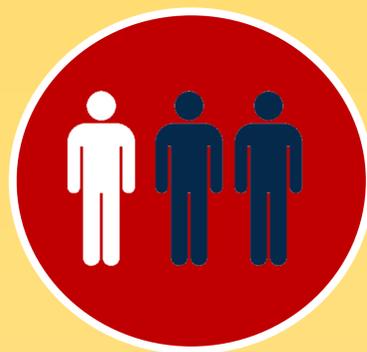


Fast Facts on Cognitive Decline



1 in 10 Marylanders over the age of 44 experience cognitive decline, including increased confusion or memory loss



1/3 of older Marylanders with a disability also report cognitive decline

Male 10%

Female 11%

White Non-Hispanic 11%

Black Non-Hispanic 9%

Ages 45-54 12%

Ages 55-54 9%

Age 65+ 11%

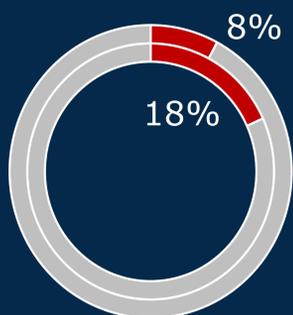


22% of older Marylanders with an income of less than \$25,000 report cognitive decline

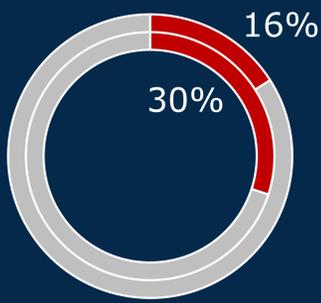


Half of Marylanders with cognitive decline have not discussed their condition with a healthcare professional

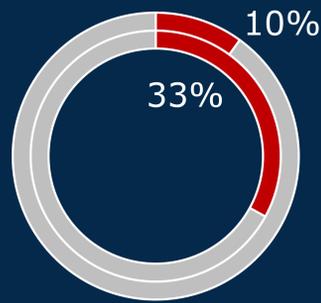
For individuals who experience cognitive decline, the burden of chronic diseases is significantly higher than those without cognitive decline



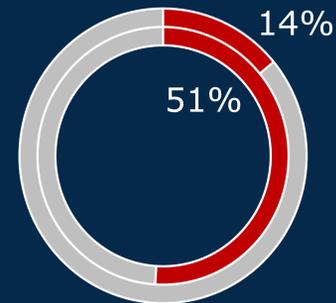
Asthma



Cardiovascular disease



Anxiety disorder



Depressive disorder

If you are experiencing confusion or memory loss, speak with your doctor. If you are a health care professional, incorporating cognitive assessments for your patients 44 and older is crucial.

Source: 2015 Maryland Behavioral Risk Factor Surveillance System